

Eligible Medicare Patients Can Receive Skilled Nursing Care at Eligible Skilled Nursing Facilities Without a Prior Hospital Stay

This practice is participating in Mid-Atlantic Collaborative Care, an Accountable Care Organization (ACO). An ACO is a group of doctors, hospitals, and/or other health care providers that work together to improve the quality and experience of care you receive.

? What's a skilled nursing facility?

▶ A **skilled nursing facility** provides skilled nursing care and/or rehabilitation services on a daily basis. Skilled nursing care can only be given or supervised by certain providers. Care includes services like:

- Medical social services
- Occupational therapy
- Physical therapy
- Skilled nursing care
- Speech-language pathology

▶ Your doctor may decide that you need daily skilled care to help improve or maintain your current condition.



Medicare patients have to stay in a hospital 3 days in a row before Medicare will pay for their stay at a skilled nursing facility.



When an ACO partners with a skilled nursing facility, you may be able to get skilled nursing care without staying at a hospital first.

? What is the skilled nursing facility 3-day rule waiver?

▶ Medicare patients have to stay in a hospital for 3 days in a row before Medicare will pay for their stay at a skilled nursing facility. This is called the **skilled nursing facility 3-day rule**. Some ACOs are approved for a **skilled nursing facility 3-day rule waiver** and have partnered with skilled nursing facilities. This means you may be able to get skilled nursing and/or rehabilitative care in a skilled nursing facility without staying at a hospital first.

? What does the skilled nursing facility 3-day rule waiver mean for me?

- ▶ Our ACO is approved to send you for skilled nursing facility or rehabilitation care even if you haven't stayed in a hospital for 3 days first, which is usually a requirement in Medicare. This allows your doctor to be more flexible with the care they recommend for you.
- ▶ For you to qualify for this benefit, we'd have to decide that you need skilled nursing facility care and meet certain other eligibility requirements. The skilled nursing facility 3-day rule waiver applies only to eligible patients who get care from one of our skilled nursing facility partners. All of our partners have at least a 3-star rating according to the [Nursing Home Compare website](#).

Nursing Home Compare keeps track of:

- The number of beds at the facility, and how many are being used (occupied)
- Nursing staff hours per resident per day
- Facility inspection summary results
- Deficiency and complaint information
- Quality measures for each nursing home

? Are my Medicare benefits changing?

▶ **No.** Your Medicare benefits are not changing. You still have the right to visit any doctor, hospital, or other provider that accepts Medicare at any time, just like you do now.

- ▶ If you choose a skilled nursing facility or other facility that your doctor does not partner with, normal Medicare coverage requirements apply. This means Medicare **will not** pay for your skilled nursing facility stay without a prior 3-day inpatient hospital stay.
- ▶ The skilled nursing facility 3-day rule waiver also does not change how much you would pay for skilled nursing and/or rehabilitation services.
- ▶ If you're admitted to a skilled nursing facility, ask your doctor if that skilled nursing facility has partnered with the Mid-Atlantic Collaborative Care.
- ▶ Check out a list of our skilled nursing facility partners below.

Important!



Questions?

- ▶ We're glad to talk with you about this benefit and how it could work for you if you need skilled nursing and/or rehabilitation care. I can also share information about our skilled nursing facility partners. If you'd like to know more, ask your doctor at your next visit. Or call us at 1-877-482-1482. You can also call 1-800-MEDICARE and tell them you want to learn more about ACOs (TTY users should call 1-877-486-2048), or visit Medicare.gov/acos.html.

Provider Name	Address	Phone
Ashbury Atlantic, INC d/b/a AMV – Wilson Health Care Center	301 Russell Avenue Gaithersburg, MD 20877	301-216-4004
CSP Nova, LLC d/b/a Dulles Health & Rehab Center	2978 Centreville Road Herndon, VA 20171-625	703 -934 -5000
19301 Watkins Mill Road Operating Company LLC d/b/a Montgomery Village Health Care Center	19301 Watkins Mill Rd. Montgomery Village, MD 20886	301-527-2500
Geriatric Assoc Brook d/b/a Brooke Grove Rehab. & Nursing Center	18100 Slade School Rd. Sandy Spring, MD 20860	301-260-2320
Heritage Hunt, LLC d/b/a Gainesville Health & Rehab Center	7501 Heritage Village Plaza Gainesville, VA 20155-3078	571-248-6100
Manassas Health Care, LLC d/b/a Manassas Health & Rehab Center	8575 Rixlew Lane Manassas, VA 20109	703-257-9770
Manor Care of Alexandria VA, LLC d/b/a Manor Care Health Services - Alexandria	1510 Collingwood Rd. Alexandria, VA 22308	703-765-6107
Manor Care of Bethesda MD, LLC d/b/a Manor Care Health Services-Bethesda	6530 Democracy Blvd. Bethesda, MD 20817	301-530-9000
Manor Care of Chevy Chase MD, LLC d/b/a ManorCare Health Services-Chevy Chase	8700 Jones Mill Rd. Chevy Chase, MD 20815	301-657-8686
Manor Care of Potomac MD, LLC d/b/a ManorCare Health Services-Potomac	10714 Potomac Tennis Lane Potomac, MD 20854	301-299-2273
Manor Care-Rossville MD, LLC d/b/a Manor Care Health Services-Rossville	6600 Ridge Rd Baltimore, MD 21237	410-574-4950



Provider Name	Address	Phone
Manor Care of Silver Spring MD, LLC d/b/a ManorCare Health Services- Silver Spring	2501 Musgrove Rd. Silver Spring, MD 20904	301-890-5552
Manor Care of Towson LLC d/b/a ManorCare Health Services-Towson	509 East Joppa Rd. Towson, MD 21286	410-828-9494
Manor Care-Fair Oaks of Fairfax VA LLC d/b/a ManorCare Health Services- Fair Oaks	12475 Lee Jackson Memorial Highway Fairfax, VA 22033	703-352-7172
Manor Care-Wheaton MD LLC d/b/a ManorCare Health Services-Wheaton	11901 Georgia Avenue Wheaton, MD 20902	301-942-2500
Medical Care Center-Lynchburg VA LLC d/b/a Heartland Health Care Center-Lynchburg	2200 Landover Place Lynchburg, VA 24501	434-846-4626
Post-Acute Care Center OPCO LLC	5009 Frankford Ave Baltimore, MD 21206	410-325-4000



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